

YOGA AS MEDICINE

1-Day Course, Saturday, September 16, 2017 8:30 am to 6:00 pm, Phoenix, AZ

Life in Yoga Institute, Inc is accredited by the ACCME to provide continuing medical education for physicians. This activity has been approved for *AMA PRA* Category 1 Credit™.

Who Should Attend? - Physicians and other Medical Professionals who seek to be well-informed on yoga therapy as a non-invasive alternative for health management.

Purpose/Goal: To enable participants to understand potential use of yoga as therapy, and consider further education and application in healthcare practice.

Objectives: Upon completion of the course, participants should be able to:

- Identify the information on the extent of non-invasive yoga practices available for patients' health management.
[Develop awareness of yoga therapy as a health management tool.]
- Describe the basis of yoga as a mechanism of healthcare for patient counseling.
- Evaluate considerations to bring yoga therapy into physician practice..
- Distinguish resources available to advance education on yoga therapy and complementary medicine for patients' health management.

Format: Lecture Presentation; Demonstration; Practice; Question-Answers.

Sponsor Accreditation: This activity has been planned and implemented in accordance with the Essentials and Policies of the Accreditation Council for Continuing Medical Education by Life in Yoga Institute, Inc. Life in Yoga Institute, Inc is accredited by the ACCME to provide continuing medical education for physicians.

Credits: Life in Yoga Institute, Inc designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credits*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Location: Sheraton Crescent Hotel, 2620 W Dunlap Ave, Phoenix AZ 85021.

Disclosure: All speakers participating in CME activities sponsored by the Life in Yoga Institute are expected to disclose to the audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of speaker relationships will be made before or during the activity as needed. Those expecting to discuss "off-label" drug usage must identify that portion of the presentation as being related to "off-label" use of drugs.

Disclaimer: Life in Yoga Institute and their staffs are not responsible for injury or illness resulting from use of medications or modalities of treatment discussed during this educational activity.

CME Director: C. Rajan Narayanan, PhD, Executive Director, Life in Yoga Institute

Faculty: Indranill Basu-Ray, MD; C. Rajan Narayanan, PhD

All planners, faculty/speakers and Course Director have disclosed that they have no financial relationships with any commercial interests.

SCHEDULE
8:30 am to 6:00 pm

- T** Research Report and Extent of Application of Yoga As Medicine
O Physiological Understanding of the Mechanism of Yoga
P Philosophy of Yoga and its Relevance for Understanding Health
I Preparing to Bring Yoga Therapy in Clinical Practice With Understanding of Application to Chronic Diseases
C PRACTICE: Spinal Alignment – discussion of importance of Spine and relationship to Brain
S PRACTICE – Introduction to meditation with appropriate breathing practices

Registration Form

COURSE: Yoga As Medicine, September 16, 2017
at the Sheraton Crescent Hotel, 2620 W Dunlap Ave, Phoenix AZ 85021

Please Print:

Name _____ Email _____
(First Name) (Middle) (Last Name)

Address _____
(Street Address including unit/suite #) (City/State) (Zipcode)

Phones _____ Specialty _____
Daytime Evening Other of Physician or Other Healthcare Professional

COMPUTE YOUR PAYMENT for

Course Attendance Fee:

- \$285 Physicians \$225 Non-Physicians \$195 Full-time Students & Medical Residents _____
- \$45 Early Registration Discount (Applies for Registrations by June 30, 2017) - _____
- \$15 Discount for Society of Yoga Therapy physician members (medicallyoga.org) - _____
- \$5 Discount for mailing check instead of paying by credit card - _____

TOTAL PAYMENT: (See instructions below for check or credit card payment) _____

CHECK PAYMENTS: Make check payable to: Life in Yoga Institute Inc **and mail to Life in Yoga Institute, Attn: Dr. Narayanan, 1111 University Blvd West, #1306, Silver Spring, MD 20902**

CREDIT/DEBIT CARD PAYMENTS - Email this completed form to : narayanan@lifeinyoga.org and you will receive a paypal invoice to complete payment.

WEB REGISTRATION - Click Here or go to <http://lifeinyoga.org/Home/CMEMedicalPrograms>.

QUESTIONS: Phone: 301-526-8308; Email: narayanan@lifeinyoga.org

REFUND POLICY

Until August 16, one month before the course, there is full refund of the COURSE FEE, except for a refund processing fee of \$45. After that there will be no refunds of the Course Fee. However, substitution by another participant will be allowed.