



Life In Yoga

BE IN THE MOMENT, WHERE LIFE EXISTS

Lifeinyoga.org

Music Therapy OR Food as Medicine - The Power of Vibrations: Tantra Yoga

Sunday, March 17, 2024 - 11 am Central, 12 noon Eastern

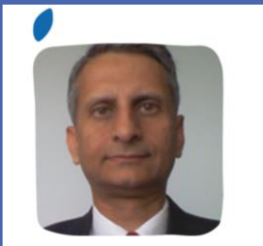
Vibration is the basis of physical existence. The Yoga model of existence and connection with all aspects of life are discussed to promote holistic health and healing

For remote access, zoom or youtube, click on the appropriate link below

<https://us02web.zoom.us/j/89265547658?pwd=dFUva2dpbnFobTFCSWFwWVFEdWZMZz09>

Youtube streaming on Lifeinyoga Rajan channel

SPEAKER PROFILE



C. Rajan Narayanan PhD. C-IAYT

Dr. Narayanan is the Executive Director of Life in Yoga Institute (<https://lifeinyoga.org/>) and is an active researcher in yoga and lifestyle practices. He has been a spiritual guide and a trainer of yoga teachers and therapists and has conducted many training events since 1998. His research involves measurement of the impact of various practices with electromagnetic and vibrational tools. He has received recognition from major yoga institutions in India. He has developed the system of Measured Yoga Therapy whose essential approach is published as Bioenergy and its Implication for Yoga Therapy available at the website of the National Library of Medicine (<https://pubmed.ncbi.nlm.nih.gov/29755226/>). His main area of research interest is in the scientific understanding of intuition and tantra aspects of yoga.